SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Member of 10% Group

6. Individual or Joint/Group Filing (Check Applicable

Form filed by One Reporting Person Form filed by More than One Reporting

					JIVIB P	APPROVAL	
Check this box if no longer to Section 16. Form 4 or For	orm 5	NT OF CHANGES IN BENEFICIAL OWN		OMB Number: 3235-02 Estimated average burden			
obligations may continue. Instruction 1(b).		d pursuant to Section 16(a) of the Securities Exchange Act of 193 or Section 30(h) of the Investment Company Act of 1940	4	hours	s per resp	oonse: 0.	<u>;</u>
1. Name and Address of Rep	0	2. Issuer Name and Ticker or Trading Symbol LifeStance Health Group, Inc. [LFST]		onship of Reporti all applicable)	eporting Person(s) to Issuer		
CRISAN JEFFREY	-		X	Director		10% Owner	
(Last) (First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/24/2024	1	Officer (give title below)	X	Other (specify below)	

116 HUNTIN	GTON AVENU	JE, 15TH FLOOR
(Street) BOSTON	MA	02116
(City)	(State)	(Zip)

4. If Amendment, Date of Original Filed (Month/Day/Year)

Rule 10b5-1(c) Transaction Indication

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Line) X

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction D Code (Instr. 5					Securities	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(1150.4)	(1150. 4)	
Common Stock	05/24/2024		s		1,624,638	D	\$5.89	17,916,554	Ι	See footnotes ⁽¹⁾⁽²⁾	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(e.g., pt	its, ca	ans, v	varra	ants,	options, c	convertio	ie se	curities)				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership Form: E Direct (D) C or Indirect (11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					

Explanation of Responses:

1. Jeffrey Crisan is a Manager of Silversmith Partners I GP, LLC. Silversmith Partners I GP, LLC is the general partner of Silversmith Partners I GP, L.P., which is the general partner of Silversmith Capital Partners I-A, L.P., Silversmith Capital Partners I-B, L.P. and Silversmith Capital Partners I-C, L.P. (collectively, the "Silversmith Entities"). Following the transactions reported herein, Silversmith Capital Partners I-A, L.P. holds 12,327,585 shares of common stock of the Issuer, Silversmith Capital Partners I-B, L.P. holds 4,459,231 shares of common stock of the Issuer, and Silversmith Capital Partners I-C, L.P. holds 1,129,738 shares of common stock of the Issuer

2. As a result of the relationships described above, Mr. Crisan may be deemed to share voting and dispositive power with respect to the shares held by the Silversmith Entities. Mr. Crisan disclaims beneficial ownership of such securities except to the extent of his pecuniary interest therein

By: /s/ Jeffrey Crisan

** Signature of Reporting Person Date

05/29/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.