Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response	: 0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Gouk Warren			2. Issuer Name and Ticker or Trading Symbol LifeStance Health Group, Inc. [LFST]							Relationship of Reporting Person(s) to Issuer (Check all applicable) Director				
(Last) (First) (Middle) C/O LIFESTANCE HEALTH GROUP, INC.			3. Date of Earliest Transaction (Month/Day/Year) 04/04/2023											
4800 N. SCOTTSDALE ROAD, SUITE 600	00	4. If A	mendi	ment, Date of	Origina	al Filed	d (Month/Day	y/Year)		ne)		p Filing (Check e Reporting Per		
(Street) SCOTTSDALE AZ 85251											filed by Mo	re than One Re		
(City) (State) (Zip)			Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to											
		∐ sa	atisfy th	ne affirmative d	efense o	condition	ons of Rule 10)b5-1(c). S	See Instru	uction 10.		ten pian that is in	ended to	
Table I - Non			1	-	uired,	Dis				-		l	I - w -	
1. Title of Security (Instr. 3)	2. Transac Date (Month/Da	Day/Year) if a		2A. Deemed Execution Date, if any (Month/Day/Year)		action (Instr.						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount	(A) or (D)	Price	Transa	ction(s) 3 and 4)		(111511.4)	
Common Stock	04/04/2	2023			S ⁽¹⁾		4,785	D	\$7.6	6,0	21,966	D		
Common Stock										17	7,900	I	By Trust ⁽²⁾	
Common Stock										17	7,900	I	By Trust ⁽³⁾	
Common Stock										263,150 I By Trust ⁽⁴⁾			By Trust ⁽⁴⁾	
Common Stock										26	53,150	I	By Trust ⁽⁵⁾	
Table II - I				ies Acqui varrants,	,		,			•	d			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security Security 3. Transaction Date Execution (Month/Day/Year) Date (Month/Day/Year) (Month/Day/Year)	on Date,	4. Transac Code (li 8)		of	ber 6. Date E Expiratio (Month/D		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities		8. Price of Derivative Security (Instr. 5)		Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	v		Date Exercis	able	Expiration Date	O N O	umber					

- 1. Required number of shares sold by the reporting person to cover tax withholding obligations in connection with the vesting of restricted stock units. This sale was made to satisfy tax withholding obligations through a "sell to cover" transaction and does not represent a discretionary trade by the reporting person.
- 2. Shares held of record by the Tanner J. Gouk GST Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose.
- 3. Shares held of record by the Emerson G. Gouk GST Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose
- 4. Shares held of record by the Tanner Gouk Irrevocable Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose
- 5. Shares held of record by the Emerson Gouk Irrevocable Trust. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these securities on this report shall not be deemed an admission that the Reporting Person is the beneficial owner of the reported securities for purposes of Section 16 of the Exchange Act or for any other purpose.

Remarks:

By: /s/ Ryan Pardo, Attorney-

04/06/2023

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.